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### **Client Background Information**

Please answer all of the information as completely as possible. Information given is strictly confidential and beneficial in providing the best possible service. Feel free to ask for assistance if needed.

Child's Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Will attend sessions with child?  Yes  No

Mailing Address: \_\_\_\_\_

City State Zip

Email Address: \_\_\_\_\_ Parent's Cell Phone: \_\_\_\_\_

(May leave message?  Yes  No)

Parent's Work Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

(May leave message?  Yes  No)

(May leave message?  Yes  No)

Date of Birth: \_\_\_ / \_\_\_ / \_\_\_ Age: \_\_\_ Grade: \_\_\_ Father's Age: \_\_\_ Mother's Age: \_\_\_

Parent's Current Marital Status:  Never Married  Married  Separated  Divorced  Widowed

Parent's Highest Education Completed:  HS diploma  GED  Associate's  Bachelor's  Master's  Doctorate

Mother's Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Father's Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Church: \_\_\_\_\_ Is your Christian faith an important resource?  Yes  No

Has your child ever seen a mental health professional (psychiatrist, psychologist, or a counselor)?

Yes  No

If yes: Where: \_\_\_\_\_ Dates of Service: \_\_\_\_\_

(Previous Mental Health Professional/Agency)

(beginning - ending)

Has your child ever been hospitalized for mental health concerns?  Yes  No

If yes: Where: \_\_\_\_\_ When: \_\_\_\_\_

## **General Information**

List your child's current family by household (excluding child):

Name	Age	Gender	Relationship to child (include step, half, etc.)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Currently involved in a custody dispute:  No  Yes

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

## **Client's Health**

Pediatrician/Primary Care Physician Name: \_\_\_\_\_

Physical Disability:  Yes  No (If yes, please explain.) \_\_\_\_\_

Chronic Illness:  Yes  No (If yes, please explain.) \_\_\_\_\_

Terminal Illness:  Yes  No (If yes, please explain.) \_\_\_\_\_

What medication is your child currently taking?

Medication	Dosage	Taken for what reason?
_____	_____	_____
_____	_____	_____
_____	_____	_____

## **Family History/Experiences**

Current Family Stressors: (Check all that apply.)

Chronic illness of family member (relationship) \_\_\_\_\_  Domestic Violence

Death of significant person (relationship) \_\_\_\_\_

Family member absent (explain) \_\_\_\_\_

Family member disability/major accident/illness (explain) \_\_\_\_\_

Family member emotional problems (explain) \_\_\_\_\_

Financial Problems  Moved a lot  Frequent Arguing  Divorce

Other \_\_\_\_\_

History of emotional/behavioral problems:  Yes  No

(If yes, please explain.) \_\_\_\_\_

History of alcohol/drug/substance abuse:  Yes  No

(If yes, please explain.) \_\_\_\_\_

History of family violence:  Yes  No

(If yes, please explain.) \_\_\_\_\_

History of criminal activity:  Yes  No

(If yes, please explain.) \_\_\_\_\_

## **Current Concerns**

Please mark the following items that apply.

(Use initials of child's name and/or family members to differentiate current concerns.)

- \_\_\_\_\_ Abuse (physical, emotional, sexual)
- \_\_\_\_\_ Adjustment to life changes (moving, getting married or divorced, aging, etc.)
- \_\_\_\_\_ Drug or alcohol use (both legal and illegal drugs)
- \_\_\_\_\_ Eating problems (purging, bingeing, overeating, hoarding, severely restricting diet)
- \_\_\_\_\_ Family or Stepfamily relationship problems
- \_\_\_\_\_ Feeling angry or irritable
- \_\_\_\_\_ Feeling anxious (nervous, clingy, fearful, worried, panicky, obsessive-compulsive, lacking trust, etc.)
- \_\_\_\_\_ Feeling sadness or depression NOT related to grief
- \_\_\_\_\_ Feeling sadness or depression related to grief
- \_\_\_\_\_ Health concerns (physical complaints and/or medical problems)
- \_\_\_\_\_ Illegal behaviors (runaway, stealing, fire setting, truancy, etc.)
- \_\_\_\_\_ Non-family relationship problems (co-workers, peers, etc.)
- \_\_\_\_\_ Parent-Child relationship problems (discipline, adoption, single parent, etc.)
- \_\_\_\_\_ Sexual concerns (inappropriate acting out, pornography, etc.)
- \_\_\_\_\_ Sleep problems (nightmares, sleeping too much/too little, etc.)
- \_\_\_\_\_ Suicidal Ideation (thoughts of death, wanting to die)
- \_\_\_\_\_ Unusual behavior (bizarre actions, speech, compulsive behaviors, tics, motor behavior problems, etc)
- \_\_\_\_\_ Other (explain) \_\_\_\_\_

Briefly describe the problem that has brought you into therapy. \_\_\_\_\_

\_\_\_\_\_

Describe what approaches you have currently taken to alleviate the problem. \_\_\_\_\_

\_\_\_\_\_

How were you referred? \_\_\_\_\_

\_\_\_\_\_  
Parent's Signature on behalf of minor child

\_\_\_\_\_  
Today's Date